

HSC 206 : Cultural Perspectives of Health, Disability and Wellness

This course explores the powerful influence a wide variety of cultural characteristics can have on the health and wellness of individuals, families, groups and communities. Students build cultural competence by developing self-awareness, identifying biases and examining health-related values, beliefs and behaviors. Determinants for physical, social, emotional, cognitive, spiritual and occupational health are analyzed along with a variety of obstacles that can affect the quality of healthcare, challenge therapeutic relationships and increase risk for illness, activity limitations, participation restrictions and health disparities.

Credits 3